



# San Diego County SHERIFF'S DEPARTMENT

## DISCHARGE REFERRAL HANDOUT

While you were in the custody of the Sheriff you may have sought medical care. The following is a listing of community resources in the County of San Diego for Public Health and Mental Health Centers where you may seek further medical and mental health treatment. *(Mientras Usted estaba bajo la custodia del Sheriff, quizás Usted recibió tratamiento médico. La siguiente es una lista de servicios comunitarios de Centros de Salubridad Pública y Mental del Condado de San Diego dónde Usted puede seguir recibiendo servicios de salud médica y mental.)*

Central Region Public Health Center 5202 University Avenue San Diego, CA 92105-2268 (619) 229-5400	East Region Public Health Center 855 East Madison Avenue El Cajon, CA 92020-4511 (619) 441-6500	North Inland Public Health Center 606 East Valley Parkway Escondido, CA 92025 (760) 740-4000
North Central Public Health Center 2440 Grand Avenue San Diego, CA 92109-4897 (858) 490-4400	North Coastal Public Health Center 104 South Barnes Street Oceanside, CA 92054-3492 (760) 967-4401	South Region Public Health Center 690 Oxford Street Chula Vista, CA 91911 (619) 409-3110
Beach Area Family Health Center Logan Heights Clinic Ext. 3705 Mission Boulevard San Diego, CA 92109 (619) 515-2444	Chula Vista Family Clinic San Ysidro Health Center 865 Third Avenue #133 Chula Vista, CA 91910 (619) 498-6200	La Mesa Community Health Services E. County Health Services Ext. 7339 El Cajon Blvd., Ste I La Mesa, CA 91941 (619) 668-6280
Fallbrook Family Health Center 617 East Alvarado Fallbrook, CA 92028 (760) 728-3816	Indian Health Council Golsh Road & Hwy. S-6 Pauma Valley, CA 92061 (760) 749-1552	Escondido Community Clinic 460 North Elm Street Escondido, CA 92025 (760) 737-2000
Logan Heights Family Health Center 1809 National Avenue San Diego, CA 92113 (619) 515-2300	Operation Samahan Medical Center 2743 Highland Avenue National City, CA 91950 (619) 474-8686	Planned Parenthood of San Diego 1075 Camino del Rio South #200 San Diego, CA 92108 (619) 683-7526
S.D. American Indian Health Center Ext. 2602 1 <sup>st</sup> Avenue San Diego, CA 92103 (619) 234-0648	San Ysidro Health & Mental Health Center 4004 Beyer Boulevard San Ysidro, CA 92173 (619) 428-4463	Southern Indian Health Council 4058 Willows Road Alpine, CA 92901 (619) 445-1188
Vista Community Clinic West 517 Horne Street Oceanside, CA 92054 (760) 631-5250	<b>Access and Crisis Line— Suicide Hotline</b> 24 hours, consultation and direct intervention: 1-800-479-3339	San Diego County Psychiatric Hospital 3851 Rosecrans San Diego, CA 92110 (619) 692-8200
<b>Other Hospitals with emergency psychiatric facilities:</b>		<b>Crisis Residential Programs</b>
Alvarado Parkway Institute, La Mesa	(619) 465-4411	<b>24-hour voluntary alternatives to hospitalization</b>
Bayview Hospital, Chula Vista	(619) 426-6310	Turning Point, Oceanside (760) 439-2800
Aurora Behavioral Health, San Diego	(619) 487-3200	Isis Center San Diego South (619) 575-4687
Grossmont Hospital, La Mesa	(619) 465-0711	Vista Balboa, San Diego Park (619) 233-4399
Mercy Hospital, San Diego	(619) 294-8111	Jary Barreto, San Diego Logan Heights (619) 232-4357
Sharp Mesa Vista Hospital, San Diego	(858) 278-4110	Halcyon Center, El Cajon (619) 579-8685
Palomar Medical Center, Escondido	(760) 739-3000	(619) 239-4663
Paradise Valley Hospital, National City	(619) 470-4321	New Vistas, San Diego, Downtown
Tri-City Hospital, Oceanside	(760) 724-8411	<b>County Mental Health Clinics</b>
UCSD Medical Center, Hillcrest	(619) 543-6222	Central S.D. (619) 692-8750 North Inland (760) 480-3500
Veterans Admin Hospital, La Jolla	(858) 552-8585	East County (619) 401-6550 South (619) 595-4400
Villa View Hospital, San Diego	(619) 582-3516	North Coastal (760) 967-4475
<b>HIV/AIDS Testing</b>	(619) 515-6600	<b>TB Clinic and Testing</b> (619) 692-8500 or (619) 692-5565
<b>Hepatitis Services Program</b>	(619) 692-8500	
<i>Call any of the above phone numbers for a clinic nearest you.</i>		